



Saint Mark's Preschool Daily Activity Schedule

Preschool Hours 8:00am to 6:00pm, Monday to Friday

8:00-9:30	All classes enjoy free play and organized activities on the yards
9:30-10:15	Transition inside for snack time and general activities, carpet times, preparation for morning activities
10:15-11:45	Students spend time outside with opportunities for free play, dramatic play, music and movement, art, small motor and large motor activities, garden and natural environment activities
11:45-12:30	Lunch time, preparation for nap time
12:30-2:00/2:30	Nap time/rest time. All children are given the opportunity to nap. Older students awake after resting will be able to do quiet activities on their nap mats or sitting quietly at a table so as not to disturb friends who are sleeping. Pre-K lights on at 2:00, younger rooms lights on at 2:30pm
2:00/2:30-3:15	Wake up time, quiet activities, afternoon snack
3:15-6:00	Outside time with art, table, and carpet activities, free play, organized activities, garden and natural environment activities. Depending on the time of year, students may move into a classroom for late afternoon pick up

All outdoor/inside times and activities are subject to change; often snack and lunch will take place outside